

SACRAMENTO SUPERIOR COURT
CO-PARENTING EDUCATION
February 3, 2023

*** This list is maintained solely as a service to Family Court customers and constitutes neither an endorsement nor recommendation by the Court.**

The Co-Parent Educator offering instructive services in a classroom setting are considered educational as opposed to treatment oriented and are regulated in part by the California Commission on Teacher Credentialing if they provide services sanctioned and supervised by a public school district. Other providers offering classroom services for Co-Parent Education must be sanctioned and supervised by a licensed mental health provider, such as Kaiser Permanente or the County Department of Health and Human Services, or they must possess an advanced degree (Bachelor level or above) in psychology, sociology, or marriage and family systems.

Any provider offering co-parent education for clients referred from Family Court must address at least the following core topics of co-parenting:

- Impact of separation and divorce on children
- Children’s reaction to separation and divorce at each developmental stage
- Impact of post-separation or post-divorce conflict on children
- Understanding anger and its effect on children
- Keeping children out of the middle of parental conflict
- Emotional divorce and grief: Redefining relationships and roles as parents
- Establishing a “business” relationship as co-parents
- Parenting styles
- Co-Parenting basics
- Provide examples of effective and ineffective communication in common co-parenting situations

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Name	Other Languages
Attune Connect Counseling 9616 Micron Avenue Sacramento, CA 95827 Phone: (916) 287-3602 Email: Admin@attuneconnect.com Web: www.attuneconnect.com Contact: Lindsey Yochum, LMFT	
Better Decision Counseling 10366 Rockingham Road Sacramento, CA 95827 Phone: (916) 368-0700 Email: Betterdecisionsinfo@gmail.com Web: www.betterdecisionsinc.org Contact: Janina Guarino	
A Different Path 4625 44th St. (Rm 37) Sacramento, CA 95820 Phone: (916) 395-5023 Email: customerservice@adifferentpath.info Web: www.adifferentpath.info Contact: Ahisha Lewis	
Flourishing Wings 8037 Fair Oaks Blvd Carmichael, CA 95608 Phone: (404) 988-0512 Email: Angelique.flourishingwings@gmail.com Web: www.flourishingwings.org Contact: Angelique Bailey	
Angelique Gallow Life Coach Services 7210 Greenhaven Dr, A-Z Sacramento, CA 95831	

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<p>Phone: (916) 252-6333 Email: angeliquegallow@gmail.com Web: https://www.angeliquegallow.com Contact: Angelique Gallow</p>	
<p>Horizon Family and Community Services 3960 Industrial Blvd, #200 West Sacramento, CA 95691 Phone: (916) 752-8965 Email: www.horizoncounseling.org Web: www.horizoncounseling.org Contact: Jalena Rusaw</p> <p>Other Location: 1130 Conroy Lane, #301 Roseville, CA 95661</p>	Spanish
<p>Christine R. Jarka, LCSW 7996 Old Winding Way, Suite 210 Fair Oaks, CA 95628 Phone: (530) 409-0518 Email: crjarka@sbcglobal.net Web: www.crjarka@sbcglobal.net Contact: Christine Jarka, LCSW</p>	
<p>My Visit – Supervised Family Connections 2211 Park Towne Circle, Suite 4 Sacramento, CA 95825 Phone: (916) 480-0280 Fax: (916) 480-0282 Email: myvisit@wynspringfamily.org Web: www.wynspringfamily.org Contact: Darlene K. Aiello, Director</p>	
<p>Northern California Breakthrough Parenting 1017 L Street Sacramento, CA 95814</p>	Spanish

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<p>Phone: (530) 632-2800 Email: norcalbreakthroughparenting@gmail.com Web: https://www.norcalparenting.com</p> <p>Contact: Christy L. Bodily, Director Locations: Yolo, Yuba, Sutter, Placer, Solano, Nevada, Napa, Marin, Colusa, Butte Counties</p>	
<p>A Parents Love Parenting Classes 8250 Calvine Road, C283 Sacramento, CA 95828 Phone: (916) 662-5904 Email: aparentslove9@gmail.com www.a-parents-love.mailchimpsites.com Contact: Grace Onuoha</p>	
<p>South Sacramento MHC 2020 29th Street, Suite 205 Sacramento, CA 95817 Phone: (916) 495-4561 Email: r.alilmft@southsacmhc.com Contact Rabiia Ali, LMFT</p>	
<p>Stepping Stones to Success 4625 44th Street Sacramento, CA 95825 Phone: (916) 912-6723 Email: vincentsteppingstones@gmail.com Web: www.steppingstonescampus.com Contact: Vincent Jones</p>	
<p>Superior Outreach Services 4625 44th Street, #104 Sacramento, CA 95820 Phone: (916) 245-0388 Email: yvettemadkins.sos@gmail.com Web: www.superioroutreachservices.org</p>	