

**SACRAMENTO SUPERIOR COURT
ANGER MANAGEMENT SERVICES**

February 3, 2023

This list is offered solely as a service to litigants in Family Court cases. The Court has not investigated or evaluated the competence of the providers who are on this list and does not endorse or recommend any provider.

The information in each listing was self-reported by the individual provider and the Court makes no warranty or guarantee concerning its accuracy or reliability. You are encouraged to fully investigate the credentials of the providers.

To qualify as an anger management facilitator, a provider must:

1. Complete 40 hours of anger management facilitator training with emphasis in each of the following areas: (1) Adult, parent, child anger management; (2) child development, from birth through adolescence (3) family and domestic violence; (4) family conflict and anxiety; and (5) stress management child abuse;
2. Use a reliable assessment tool that includes a **Pre-** and **Post-**Test to measure outcomes; AND
3. Receive 16 hours of continuing education annually in any of the above areas.

Any provider offering anger management for clients referred from Family Court must address at least the following core topics during the anger management program:

- Gaining personal control
- Stress Management
- Basic Communication Skills
- Role Modeling and Positive Parenting Reinforcement
- Child Abuse and Corporal Punishment
- Coping with Stress
- Triggers, Provocation and Alternative Responses
- Identifying Distorted Thinking
- Irrational Beliefs
- Identifying and Expressing Needs
- Assertiveness vs. Bullying

**SACRAMENTO SUPERIOR COURT
ANGER MANAGEMENT SERVICES
February 3, 2023**

* This list is maintained solely as a service to Family Court litigants and constitutes neither an endorsement nor recommendation by the Court.

Provider Information	Additional Languages	Zip Code
Away With Anger Management Online zoom classes only Sacramento, CA 95828 Phone: (916) 230-0949 Email: awaywithanger@yahoo.com Web: www.awaywithanger.wixsite.com Contact: Gwen Pinkston		95828
Another Chance Counseling 2715 K Street, Suite C Sacramento, CA 95816 Phone: (916) 910-4941 Email: brendabaldwinclc@gmail.com Contact: Brenda Baldwin		95816
Katie Aymett, LMFT 9521 Folsom Blvd Suite R Sacramento, CA 95827 Phone: (916) 368-8867/ (916) 363-4687 Email: kdacc@hotmail.com		95630
Better Decision Counseling 10366 Rockingham Road Sacramento, CA 95827 Phone: (916) 368-0700 Email: Betterdecisionsinfo@gmail.com Web: www.betterdecisionsinc.org Contact: Janina Guarino		95827
Breaking Through Anger 6700 Freeport Blvd, Suite 107 Sacramento, CA 95757 Phone: (916) 262-5375 Email: breakingthroughanger@gmail.com Web: breakingthruanger.com Contact: Valerie Andrews		95757

**SACRAMENTO SUPERIOR COURT
ANGER MANAGEMENT SERVICES
February 3, 2023**

* This list is maintained solely as a service to Family Court litigants and constitutes neither an endorsement nor recommendation by the Court.

Provider Information	Additional Languages	Zip Code
Center for Fathers and Families 920 Del Paso Boulevard Sacramento, CA 95815 Phone: (916) 568-3237/ (916) 568-3232 Email: terrence@cffsacramento.org Web: www.cffsacramento.org Contact: Terrence Martin		95815
Cornerstone Recovery Inc. 8359 Elk Grove Blvd, #233 Sacramento, CA 95829 Phone: (916) 236-4545 Email: cornerstonerecoveryinc@yahoo.com Web: http://www.cornerstonerecoveryinc.net Contact: Ted Brown		95829
Flourishing Wings 8037 Fair Oaks Blvd Carmichael, CA 95608 Phone: (404) 988-0512 Email: Angelique.flourishingwings@gmail.com Web: www.flourishingwings.org Contact: Angelique Bailey		
Angelique Gallow 7210 Greenhaven Drive, A-Z Sacramento, CA 95831 Phone: (916) 320-4460 Email: angeliquegallow@gmail.com Web: https://www.angeliquegallow.com Contact: Angelique Gallow		95831
Horizon Family and Community Services 3960 Industrial Blvd, #200 West Sacramento, CA 95691 Phone: (916) 752-8965	Spanish	95691

**SACRAMENTO SUPERIOR COURT
ANGER MANAGEMENT SERVICES
February 3, 2023**

* This list is maintained solely as a service to Family Court litigants and constitutes neither an endorsement nor recommendation by the Court.

Provider Information	Additional Languages	Zip Code
Email: www.horizoncounseling.org Web: www.horizoncounseling.org Contact: Jalena Rusaw Other Location: 1130 Conroy Lane, #301 Roseville, CA 95661		
PACE Family Services 4070 Bridge Street, Suite 2 Fair Oaks, CA 95628 Phone: (916) 579-5222 Email: sanders.f@pacefamilyservices.com Web: www.pacefamilyservices.com Contact: Floyd Sanders, Office Manager		95628
SAP Solutions, LLC 2740 Fulton Avenue, Suite 124 Sacramento, CA 95821 Phone (916) 256-8714 (888) 612-0546 Email: easysapsolutions@gmail.com Web: www.dotsap.center Contact: Roderick, Fields		95821
South Sacramento MHC 2020 29 th Street, Suite 205 Sacramento, CA 95817 Phone: (916) 495-4561 Email: r.alilmft@southsacmhc.com Contact Rabiia Ali, LMFT		95817
Stepping Stones to Success 4625 44 th Street Sacramento, CA 95825 Phone: (916) 912-6723		95825

**SACRAMENTO SUPERIOR COURT
ANGER MANAGEMENT SERVICES
February 3, 2023**

* This list is maintained solely as a service to Family Court litigants and constitutes neither an endorsement nor recommendation by the Court.

Provider Information	Additional Languages	Zip Code
Email: vincentsteppingstones@gmail.com Web: www.steppingstonescampus.com Contact: Vincent Jones		
Superior Outreach Services 4625 44 th Street, #104 Sacramento, CA 95820 Phone: (916) 245-0388 Email: yvettemadkins.sos@gmail.com Web: www.superioroutreachservices.org		